

SCALE FORMULA

WORTCIECHOWSKI

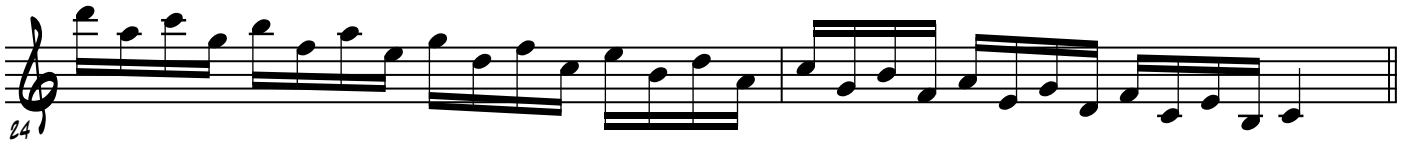
♩=120

STRAIGHT SCALE:

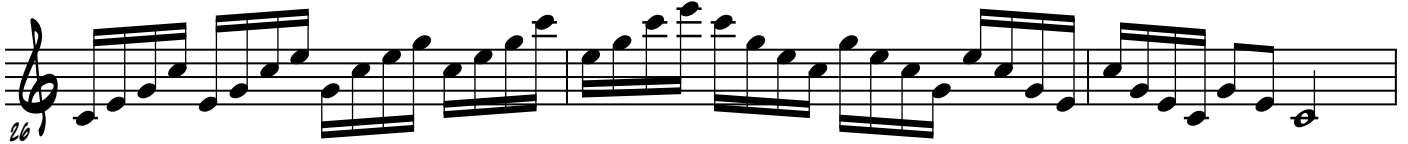
3RDS:

MIXED 3RDS:

4THS:



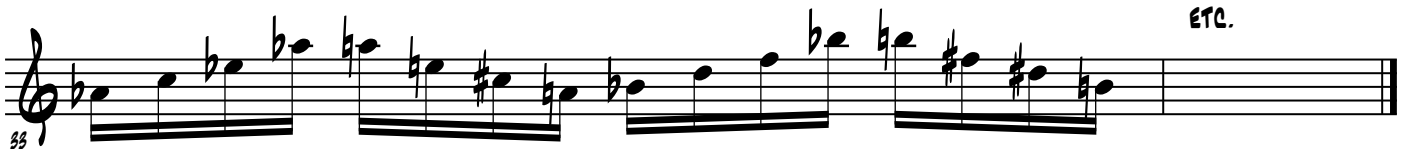
TRIADS FULL RANGE:



TRIADS LINKED CHROMATICALLY:



TRIADS MIXED, LINKED CHROMATICALLY



YOU CAN USE THIS FORMULA AND APPLY IT TO ANY SCALE, ANY INTERVAL, ANY HARMONIC COMBINATION. YOU ARE ONLY LIMITED BY YOUR IMAGINATION. REMEMBER, ANYTHING THAT GOES UP, CAN ALSO COME DOWN. ANYTHING THAT GOES FORWARD CAN ALSO GO BACKWARDS (AND YOU CAN ALTERNATE FORWARDS WITH BACKWARDS.) ANYTHING YOU DO IN 8TH OR 16TH NOTES YOU CAN DO IN TRIPLETS, OR GROUPS OF 5 OR 7. THE MORE THOROUGH YOU ARE, THE MORE YOU WILL KNOW YOUR INSTRUMENT, AND THE MORE FLUID YOU WILL BECOME AS AN IMPROVISER. THIS IS LITERALLY A LIFETIME'S WORTH OF PRACTICE MATERIAL. ALL ON LESS THAN TWO PAGES.

AGAIN, ALWAYS USE A METRONOME WHEN PRACTICING THESE EXERCISES.